

109 Third Street, P.O. Box 508 Lincoln, Illinois 62656 Phone 217-735-2317 Fax 217-732-6943

## Press Release

Contact: Ryan Williams Phone: (217) 735-2317

**Public Health** 

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## WEST NILE VIRUS ACTIVITY DETECTED IN LOGAN COUNTY

The Logan County Department of Public Health (LCDPH) submitted a dead blue jay on July 26<sup>th</sup> to the Illinois Department of Agriculture laboratory which tested positive for West Nile Virus (WNV). The blue jay was collected in Lincoln, IL. West Nile encephalitis is an infection of the brain caused by the WNV which is transmitted through the bite of an infected mosquito.

The best way to prevent WNV disease is to reduce the number of mosquitoes around your home and to use personal protection. The health department urges you to practice the three "R's" – reduce, repel and report.

- Do reduce your exposure by avoid being outdoors when mosquitoes are most active from dusk to dawn. Repair screens with tears or any other outer openings. Keep windows shut and eliminate areas of standing water around your property where mosquitoes can breed.
- Do repel mosquitoes from biting when outdoors by wearing shoes, socks, long pants and a long-sleeved shirt (light-colored clothing is preferred). Wear repellents that contain DEET, picaridin, oil of lemon eucalyptus or IR 3535 and use according to the label instructions.

Do report dead birds to the Logan County Department of Public Health. If the bird is
dead less than 24 hours and has appeared to die of natural causes, it may be eligible
for testing. Bird specimens will be accepted for testing until October 15<sup>th</sup>. In addition,
contact the health department or your local municipality to report any stagnant water in
roadside ditches, abandoned pools, flooded yards or similar locations that may provide
breeding sites for mosquitoes.

If you are bitten by a mosquito, there is no reason to be tested for WNV since illnesses related to mosquito bites are rare. However, if you develop symptoms such as high fever, confusion, muscle weakness or severe headache, you should see your doctor.

Remember to play it safe and to continue to take preventative measures until mosquito activity fully ceases. If you have questions or would like more information regarding WNV, you can contact the Logan County Department of Public Health at 217-735-2317, or you can visit their website at WWW.LCDPH.ORG.