



LOGAN COUNTY  
DEPARTMENT OF PUBLIC HEALTH

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**Public Health**  
Prevent · Promote · Protect

# Press Release

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FOR IMMEDIATE RELEASE  
December 6, 2019

## **HEALTH DEPARTMENT OFFERS FLU VACCINE**

Officials from the Illinois Department of Public Health are urging people to make sure they get their influenza (flu) shots before visiting family for the holidays. The Centers for Disease Control estimates that since 2010, flu has annually resulted in between 9-45 million illnesses, between 140,000-810,000 hospitalizations, and between 12,000-61,000 deaths.

Since it takes two weeks for the vaccine to take effect, getting one now will help offer you protection by Christmas. Officials encourage people to also take steps that can help protect yourself from illness – like washing hands, covering sneezes and coughs with your sleeve and frequently cleaning commonly touched surfaces.

All persons aged 6 months and older are recommended for annual vaccination, with rare exception. Vaccination is particularly important for people who are at high risk for serious flu complications from influenza. This group includes people 65 years and older, people of any age with certain chronic medical conditions (such as asthma, diabetes, or heart disease), pregnant women, and young children.

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The Logan County Department of Public Health has the flu vaccine available in both regular and high dose. The high dose is more commonly given to those 65 and older. The LCDPH recommends talking with your doctor about which type is best for you. The health department accepts all major insurances. **You must bring your insurance card to receive a vaccine or cash pay will be required.**

The Logan County Department of Public Health is located at 109 Third Street, Lincoln, IL. The walk-in clinic hours of operation are Monday through Friday, 7:30 a.m. to 4:00 p.m.

The Logan County Department of Public Health encourages all local residents to invest in their community by taking advantage of all they offer. For more information, contact LCDPH at 217-735-2317 or log onto their website at [WWW.LCDPH.ORG](http://WWW.LCDPH.ORG).

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