



LOGAN COUNTY
DEPARTMENT OF PUBLIC HEALTH

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Public Health
Prevent · Promote · Protect

Press Release

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FOR IMMEDIATE RELEASE
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COVID-19 Quarantine Guidelines

On December 2, 2020, the Centers for Disease Control and Prevention (CDC) released new options for public health authorities to consider for establishing quarantine time frames for contacts of a persons with COVID-19. Despite this, The Logan County Department of Public Health (LCDPH) has opted to continue with the 14-day quarantine guidelines as an added safety measure.

To prevent the further spread of disease, people who had contact with someone with COVID-19 are encouraged to stay home and maintain social distance (at least 6 feet) from others until 14 days after their last exposure to a person with COVID-19. Contacts should monitor themselves by checking their temperature twice daily and watching for COVID-19 symptoms, such as cough or shortness of breath.

For those identified as needing to be in quarantine, LCDPH will help those individuals identify the dates of their self-quarantine as they are guided through the process. Self-quarantine means staying home, monitoring your health, and maintaining social distancing (at least 6 feet) from others at all times.

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- If you need to be around other people, wear a cloth face covering. This will help protect the people around you.

For more information, please contact the Logan County Department of Public Health at 217-735-2317. The department hours of operation are Monday-Friday 7:30-4:30. For more information regarding LCDPH services, you can log onto their website at WWW.LCDPH.ORG.

Source: Illinois Department of Public Health