LOGAN COUNTY BOARD OF HEALTH
September 25, 2019

PRESENT: Board of Health: Mrs. Maxine Lolling, Dr. Stephanie Godbois, Dr. Richard Bivin, Mr. Roger Bock, Mr. Mike Rohrer, Dr. David Hepler, Mr. Ron Keller

Logan County Department of Public Health: Don Cavi, Administrator; Kara Davis, Director of Nursing; Katherine Yaple, Director of Finance

Guests: Terry Carlton; Pat Carlton; Angie Stoltzenburg; Dr. Jonna Cooley; Bradley Hauge; Emily Davenport; Dr. Monica Duran; Matt Vlahovich; Alison Rumler-Gomez

1) The meeting was called to order by Member Rohrer at 7:04 p.m.

2) Introduction of Guests – The guests introduced themselves Terry Carlton; Pat Carlton; Dr. Monica Duran; Emily Davenport, Logan County Board President; Bradley Hauge, States Attorney; Dr. Jonna Cooley, Executive Director of The Phoenix Center in Springfield, IL; Matt Vlahovich, Assistant Chief of Police for Lincoln; Alison Rumler-Gomez; Angie Stoltzenburg, ALMH Community Health Collaborative

3) Approval of Meeting Agenda – Member Bock made a motion to approve the Meeting Agenda; seconded by Member Bivin. Motion carried.

4) Approval of Consent Agenda – A motion was made by Member Keller to approve the Consent Agenda items; seconded by Member Bock. Motion carried.

5) Reports
   a) Administrative & Health Education:
      The Administrative Report included:
      • Mr. Cavi attended a school lunch function for District 27. This was a healthy food sampling event. ALMH is teaching the cooks to prepare meals from scratch for the students. Member Bock said that it is very encouraging that ALMH is teaching the cooks how to cook healthy meals, from scratch, for the students.
      • We have renewed our sponsorship with Family Concepts for 2020-2022.
      • Arcadis will be starting in October or November. Mr. Cavi is going to meet with Arcadis and CNI to discuss our parking situation. Since the majority of LCDPH employees will now have to park in the back, Arcadis has agreed to replace our back door.

      The Health Educator Report included:
      • Mrs. Davis is now doing the majority of the Health Education. Doing this allows Ms.
Matson’s salary to be paid for by grants.
• The Wellness Expo is being restructured. It will now be geared toward 6th graders.

b) Finance – Mrs. Yaple reviewed the financials for July and August included in the board packet. We ended August with an overall profit of $168,324. At the end of August, we had $94,467.08 outstanding in grant receivables, of which $72,670.80 is for five months of Healthworks. They released two months of Healthworks payments earlier this week in the amount of $29,068.32. We have returned the signed grant agreement for the Comprehensive Health Protection grant, so we should be receiving the full amount of the Local Health Protection portion in the next month or two.

c) Nursing – Mrs. Davis reviewed the Nursing report included in the packet. Highlights included:
• We have 15 ongoing lead cases and received a few more today.
• We will be receiving our high dose flu shots this week and we will have ALL our regular flu shots by the end of the week as well.
• Our WIC Clerk/BFPC changed to full-time on September 1st.
• We have three vendors at the Farmers Market that accept our WIC Farmer’s Market coupons.
• November 1st, Illinicare is taking over the Healthworks contract. They are trying to get the doctors that do not accept Illinicare to at least see the DCFS children.

d) Emergency Response – We will be having an active shooter drill tomorrow, September 26th. The clinic will be closed during this time.

e) Environmental Health – Fay Allison, our Sanitarian, will be teaching an 8-hour food sanitation class on Monday. Member Hepler asked that Ryan Williams, Director of EH, inspect the stench that is just off Route 10, east of Lincoln, by Deer Creek. He would like to make sure it is not contaminated in some way.

6) Old Business
a) Needle Exchange Program:
• Dr. Jonna Cooley went over the different aspects of the program that we discussed at the July meeting: they refer their clients to treatment; giving clean needles helps stop the spread of diseases; they have over 600 people enrolled in their program, 75 of which are Logan County residents; there is no cost to the Health Department.
• Mrs. Davenport asked how often the clients can come and how many needles they get each time. There is no limit to how often they can come and they get one bag of needles each time. Each bag contains 10 needles.
• Dr. Gadbois mentioned that she was a part of the first exchange program in Seattle and they had very good outcomes.
• States Attorney Hauge and Asst Chief of Police, Officer Vlahovich were both asked what their thoughts are and they both stated they are all for this program and Officer Vlahovich believes his police force will feel the same way.
• Mrs. Stoltzenburg stated that the Healthy Collaborative Opioid Task Force is all for this and she also passed out some information regarding syringe services programs. Member Hepler asked if the hospital could do this and Mrs. Stoltzenburg said she didn’t know and wasn’t sure where they would be able to house something like this at the hospital.
• Member Hepler asked Dr. Cooley what percentage of the clients go to rehab.
Less than 50% go to rehab. Those that do go to rehab may go back a second or third time as well. She didn’t know the exact numbers but can get more statistics for us if need be.

- Member Hepler and Mrs. Rumler-Gomez both discussed their concerns with having this program across from a school. Member Hepler suggested seeing if somewhere else in town could house this program. Dr. Cooley stated that their center in Springfield is right across the street from a daycare and they have not had any complaints or problems. Their clients sign a contract stating they are not allowed to use on the center’s property. If they do, they are cut from the program.

- It was the overall consensus that while the board understands the concerns, they think this is a good idea whether it is at the Health Department or somewhere else in Lincoln.

Member Bock made a motion to accept the services that the Needle Exchange Program offers, whether it be at the Health Department or somewhere else in Lincoln; seconded by Member Gadbois. Motion carried with Member Hepler voting nay.

7:45 pm, Dr. Cooley exited the meeting.

b) Strategic Plan Update – The final meeting is next week. The group has come up with a vision and mission statement that is shorter and easy to remember. At the final meeting, the group will pick the priorities for the strategic plan.

7) New Business
a) Cannabinoids:
- Dr. Monica Duran gave a presentation on cannabinoids. Some key points Dr. Duran spoke about included:
  - There are over 3,000 documented studies about the benefits of using cannabis.
  - Your body’s endocannabinoids system (ECS) produces this naturally.
  - This is the body’s primary tool of homeostasis.
  - Hemp and marijuana are not the same. Marijuana (THC) makes you experience the highs, addictions, etc. Hemp (CBD) does not do this.
  - CBD is the next suggestion for use in depression treatment.

8:00 pm, Terry Carlton, Pat Carlton and Dr. Duran exited the meeting.

b) Food Establishment Certificate Fee Increase:
- It has been 11 years since we increased our food licensing fees. Mr. Williams is requesting that we increase each class by $50 and he provided a breakdown of what other counties currently charge. We would like to raise our fees as follows: Class 1 $300; Class 2 $250; Class 3 $200. Member Bock made a motion to raise the fees as presented; seconded by Member Bivin. Motion carried.

c) Terms of Members:
- It is time to renew the terms for Member Bivin, Member Gadbois and Member Lolling. Member Bock made a motion to renew the terms for Member Bivin, Member Gadbois and Member Lolling; seconded by Member Hepler. Motion carried.
d) Board of Health Meeting Dates (2020):
   - The Board of Health meeting dates for 2020 were provided in the packet. Member Gadbois made a motion to accept the 2020 Board of Health meeting dates; seconded by Member Bivin. Motion carried.

e) Holiday Schedule (2020):
   - The LCDPH holiday schedule for 2020 was provided in the packet. Member Bock made a motion to accept the 2020 holiday schedule; seconded by Member Gadbois. Motion carried.

f) Staffing Update – We have hired Kim Carlson as a contractual worker to help in the front office during the busy school shots and flu shots season.

g) Press – In the packet.

h) Other – None.

8) Announcements – None

9) Adjournment – A motion to adjourn the meeting was made by Member Lolling; seconded by Member Bivin. Motion carried and the meeting adjourned at 8:38 p.m. The next meeting is Monday, November 4, 2019 at 7:00 p.m.

[Signatures]
Mike Rohrer, President
Katherine Yaple, Recording Secretary